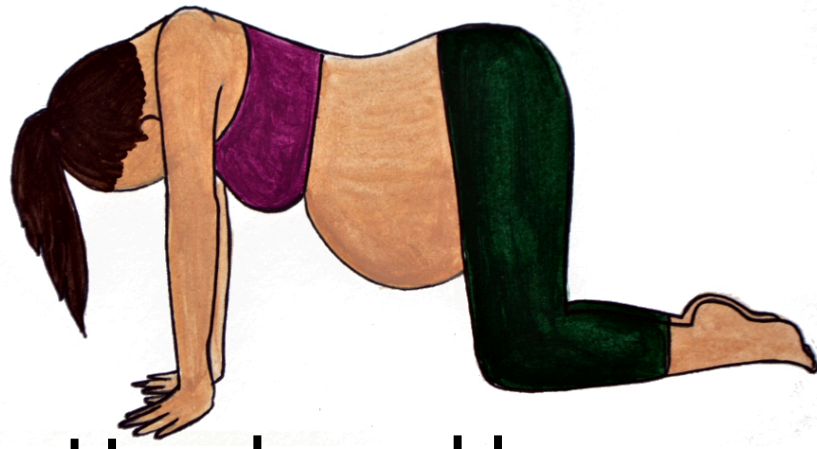


# Birth Positions for Labour



Supported Squatting



Hands and knees



Forward resting



Supported Squatting



Upright hands and knees



Supported Rocking



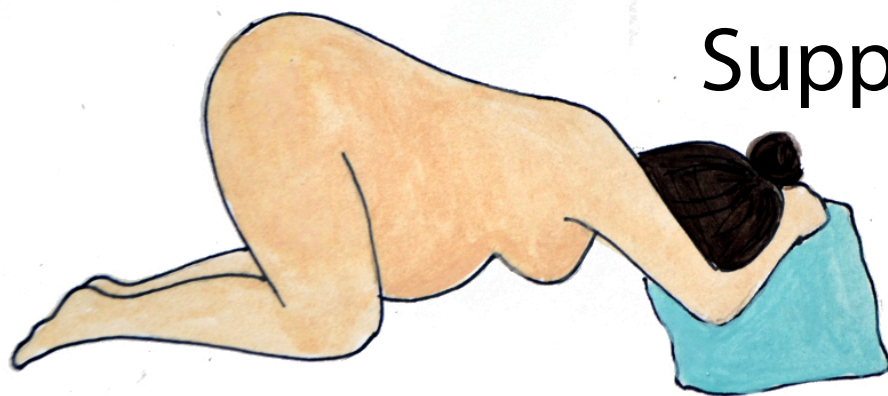
Supported leg lift



Walking



Wall massage



Resting on elbows



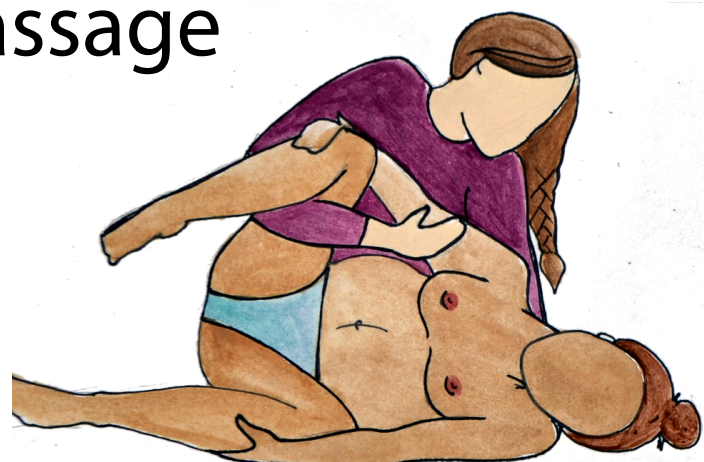
Supported Laying



Supported Standing



Forward resting



Side-lying