

Immediate KMC is continuous skin-to-skin contact of baby on mother's chest immediately after birth to prevent hypothermia of the newborn and promote early breastfeeding.

How to keep babies warm at birth

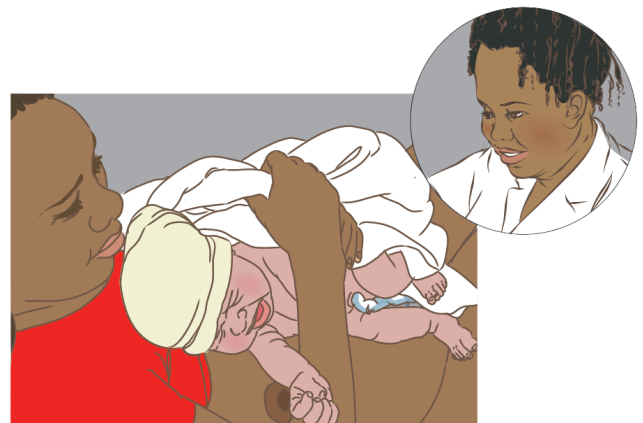


Before delivery

- Keep delivery room warm
- Pre-warm resuscitator in case of emergency
- Pre-warm blankets or cloths (can use resuscitator)

At delivery

- Immediately place baby on mother's chest
- Dry baby with warm cloths
- Replace wet cloths with dry cloths
- Position baby in KMC position
- Check breathing while in KMC
- Begin breastfeeding within 1 hour
- Check temperature within 90 minutes
- Delay weighing baby



After delivery

- Continue KMC
 - At least 1 hour for full term babies
 - For 20-24 hours for small babies (1.5-2.5 kg) with no danger signs
- Cover baby with warm blankets
- Cover baby's head
- Delay bathing
- Continue to check baby's breathing
- Continue to check baby's temperature

**Keeping babies warm
saves lives!**



**If baby needs advanced care, transport
in KMC to prevent hypothermia**